

Travel Approval Form

Department: Sheriff's Office

Event Name: Post Traumatic Purpose Ft. Travis Howze

Location: Round Rock, TX

Event Dates: 01/08/2025

Purpose:

- ☐ Required Continuing Education/Certification
- ☒ Job Training
- ☐ Other: _____

Name of Attendees:

Sgt. Lanny Boone

| |
|--|
| Court Decision: <small>This section to be completed by County Judge's Office</small> |
|  |
| 11-25-2024 |

Required Documents Checklist:

**** Same-Day Travel - Commissioners Court Approval is not required ****

Overnight Travel

- ☒ Travel Approval Form
- ☒ Registration Information or Confirmation
- ☒ Itinerary, Agenda, or Breakdown
- ☒ Hotel Information, Confirmation, or Hotel Reservation Request Form

For Out of State Travel, please also include:

- ☐ Cost Estimation Breakdown for Trip with Airfare, Rental Car, Meals, Hotel, Etc.
- ☐ Narrative as to why the Out of State Travel is necessary

Signature of Elected Official/Department Head:



Johnson County Sheriff's Office
Training Request

Name: Lanny Boone
Rank: Sgt Date: 10-31-24
Course Name: Post Traumatic Purpose Tour
Course Date: 1-8-25

Course Tuition: \$50 Hotel Cost: N/A
Per Diem: \$54 Total Cost: \$94

Is Course TCOLE Accredited? Y N
Will training be reported by Host? Y N

This Training / Seminar is necessary for the following reasons:

_____ Required continuing education _____ Job training
X _____ Improve work performance _____ Required certification

Host Agency: Menger Public Safety
Host Address: 6330 E Hwy 290
Host City: Austin
Host State: Texas
Host Zip Code: 78723
Host Phone: 800-489-8190

Hotel: Kalahari Resort and Conventions
Hotel Address: _____
Hotel City: _____
Hotel State: _____
Hotel Zip Code: _____
Hotel Phone: _____

Hotel Check In Date: _____

Hotel Check Out Date: _____

Approvals

Training Coordinator: Dr. Anna Goodloe, PhD Budget Available: Y N
CC Agenda Submitted: Y N N/A

Sergeant: [Signature] _____ Approved
_____ Disapproved Initials _____ Date 10-31-24

Justification (Required): To improve my job performance by helping me recognize post traumatic stress in myself and my shift. The course is designed to help me deal with the post traumatic stress before it's too late

Lieutenant: _____ _____ Approved
_____ Disapproved Initials _____ Date _____

Comments: _____

Captain: [Signature] ✓ Approved
_____ Disapproved Initials BA Date 11-15-2024

Comments: _____

Chief: [Signature] ✓ Approved
_____ Disapproved Initials [Signature] Date 11-18-24

Comments: _____

Post Traumatic Purpose Ft Travis Howze

An empowering course on leadership, mental wellness, and resiliency.

Starts Jan 8, 2025 \$50 Kalahari Resorts & Conventions - 3001 Kalahari Blvd, Round Rock, TX 78665

Available spots

[Book Now](#)

Service Description

****This course is open to anyone. This course is not law enforcement only!*****

Post Traumatic Purpose is a transformative mental health initiative that aims to foster awareness among Military Personnel, Veterans, First Responders, Jailers, Dispatchers, Health Care workers, and their families. This program emphasizes the importance of transparency and relatability in addressing the challenges faced by these communities. Unlike traditional wellness training, Post Traumatic Purpose is an engaging, emotionally charged, and authentic experience designed to facilitate positive growth at the individual, professional, and family level. By encouraging ownership, acceptance, humor, and motivation, participants are empowered to overcome obstacles and achieve their goals.

Learning Objectives:

Knowing, understanding, and effectively applying core leadership traits.

How much trauma exposure can you handle and still be effective? Recognizing the subtle signs and symptoms of Post Traumatic Stress before its too late.

Handling burnout, lack of empathy and loss of motivation from repeated trauma exposure and career demands.

Thriving with Post Traumatic stress- life is not over after the diagnosis.

Communicating through trauma. How to effectively communicate in your personal life and career.

Stepping up and becoming the first line of defense as a mental health resource.

Planning for your mental future-career longevity and life after the job.

assigned to the body recover team of 9 brother firefighters, including one of his best friends, Travis was plagued with extreme Post Traumatic Stress dating back to early childhood. With little to no resources available during his recovery, he decided to become a resource by developing "Post Traumatic Purpose – an empowering, educational course and keynote presentation on Leadership, Mental Wellness and Resiliency."

See the full bio on our "News" section!

Room Block Information:

The Room Rate is \$199 + taxes and a \$15 Resort fee which includes 4 waterpark passes for Jan 7 & 8, 2025.

Please copy and past this link to your browser to access the Room Block to secure your hotel room!

<https://book.passkey.com/e/50889085>

Travis Howze Social Media:

TikTok: @travis.howze

Instagram: @travis.howze

Upcoming Sessions

Dates: Jan 8, 2025 - Jan 8, 2025

Total of 1 session

| | | |
|------------------|---------|-----------------|
| Wednesday, Jan 8 | 9:00 AM | |
| | 4 hr | Staff Member #1 |

Central Standard Time (CST)

[Book Now](#)

Cancellation Policy

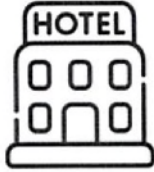
Cancellations within 5 days of registering are 100% refundable, unless the following restrictions apply: Due to limited seating, we request that you cancel at least 5 days before a scheduled class begins. This gives others the opportunity to register for the class. If you have to cancel your class, and do so at least 5 days before the class, you may use the credit towards any future class. At any time after registering, or within 5 days of the course, you may transfer the registration to another person.

Contact Details

(800) 489-8190

training@mengerusa.com

6330 E Hwy 290 #125, Austin, Texas 78723 Menger Public Safety, La Calma Drive, Austin, TX, USA



TRAVEL HOTEL RESERVATION REQUEST

(EMAIL TO PURCHASING at pur@johnsoncountytexas.org)

DATE: 11/18/2024

DEPARTMENT: Sheriff's Office

PERSON SENDING REQUEST: Tara Raby EXT: 3503

Person (s) Name Attending:

1. Sgt. Lanny Boone

2.

3.

4.

5.

6.

*If LEOSE Funds are being used to pay for the room upon check out, please check LEOSE FUNDS below:

☐ LEOSE FUNDS

Function Attending: Post Traumatic Purpose Ft. Travis Howze

| | | |
|---|-----------|---------------------------|
| Hotel Name: Kalahari Resorts & Conventions | | |
| Hotel Address: 3001 Kalahari Blvd. | | |
| City: Round Rock | State: TX | Zip: 78665 |
| Hotel Phone# 877-525-2427 | | |
| Special Requirements: | | |
| Conference Hotel Block Code: | | |
| Conference/Training Website: www.kalahariresorts.com | | |
| How many rooms needed: 1 | | |
| Date of Check In: 1/7/25 | | Date of Check Out: 1/8/25 |

NOTE: When the Purchasing Department reserves the hotel room, payment will be processed and paid for on the travel credit card. ALL Travel PO's MUST be in place prior to travel. The hotel receipt will need to be receipted on your PO upon return. If the traveler does not obtain a hotel receipt upon check out, it's the travelers responsibility to call the hotel and obtain a copy for receipting.